

## CAMPO CALCIO A 5

ORARIO	LUNEDI'	ORARIO	MARTEDI'	ORARIO	MERCOLEDI'	ORARIO	GIOVEDI'	ORARIO	VENERDI'
10,30 11,20	FUNCTIONAL pilates Simone T.	10,00 10,50	PILATES MAT Simone T.	10,30 11,20	FUNCTIONAL pilates Simone T.	10,00 10,50	PILATES MAT Simone T.	10,30 11,20	FUNCTIONAL pilates Simone T.
13,00 13,50	TBW FUNCTIONAL Giovanna G.	13,00 13,50	PILATES MAT Simone T.	13,00 13,50	TBW FUNCTIONAL Giovanna G.	13,00 13,50	PILATES MAT Simone T.	13,00 13,50	TBW FUNCTIONAL GIOVANNA
14,00 14,50		14,00 14,50	Yoga Marcia T.	14,00 14,50		14,00 14,50	Yoga Marcia T.	14,00 14,50	
16,00 16,50	TBW Cristina M.	16,00 16,50	FUNCTIONAL pilates Melina S.	16,00 16,50	TBW Cristina M.	16,00 16,50	FUNCTIONAL pilates Melina S.	16,00 16,50	TBW Cristina M.
17,00 17,50	FUNCTIONAL pilates Melina S.	17,00 17,50	TBW Cristina M.	17,00 17,50	FUNCTIONAL pilates Melina S.	17,00 17,50	TBW Cristina M.	17,00 17,50	FUNCTIONAL pilates Melina S.
18,00 18,50	BODY TONE Melina S.	18,00 18,50	FITBOXE Ivana D.	18,00 18,50	BODY TONE Melina S.	18,00 18,50	FITBOXE Ivana D.	18,00 18,50	BODY TONE Melina S.
19,00 19,50	PILATES MAT Sabina P.	19,00 19,50	CROSS CARDIO Jairo	19,00 19,50	PILATES MAT Sabina P.	19,00 19,50	YOGA Marcia T.	19,00 19,50	PILATES MAT Sabina P.

## TENSOSTRUTTURA "AREA SKILL"

ORARIO	LUNEDI'	ORARIO	MARTEDI'	ORARIO	MERCOLEDI'	ORARIO	GIOVEDI'	ORARIO	VENERDI'
13,00 13,50	TRAINING arrampicata			13,00 13,50	TRAINING arrampicata				
		14,00 14,50 17,50 18,40	TRX Guido P. TRAINING arrampicata			14,00 14,50 17,50 18,40	TRX Guido P. TRAINING arrampicata		
18,30 19,20	TRAINING Giuseppe F.	18,50 19,40	TRAINING Giuseppe C.	18,30 19,20	TRAINING Giuseppe F.	18,50 19,40	TRAINING Giuseppe C.	18,30 19,20	TRAINING Giuseppe F.

## OUTDOOR CYCLING

ORARIO	LUNEDI'	ORARIO	MARTEDI'	ORARIO	MERCOLEDI'	ORARIO	GIOVEDI'	ORARIO	VENERDI'
		14,00 14,50	INDOOR CYCLING Fabio M.			14,00 14,50	INDOOR CYCLING Fabio M.		
18,00 18,50	INDOOR CYCLING Fabio M.	18,00 18,50	INDOOR CYCLING Fabio M.	18,00 18,50	INDOOR CYCLING Fabio M.	18,00 18,50	INDOOR CYCLING Fabio M.	18,00 18,50	INDOOR CYCLING Fabio M.

## CAMPO POLIVALENTE

ORARIO	LUNEDI'	ORARIO	MARTEDI'	ORARIO	MERCOLEDI'	ORARIO	GIOVEDI'	ORARIO	VENERDI'
		18,00 19,50	PARKOUR Marco S.			18,00 19,50	PARKOUR Marco S.		